

AN DU CCI



we EAT what we SELL,
we SELL what we EAT... Capiche!

Hand Made / Hand Packed

Est. 1988

mfi Inc.
MOLLICA FOODS
Decant • Develop • Deliver

Mollica Foods Inc.
Coquitlam, BC, V3K 6W1
www.anduccis.com



24oz



BREADCRUMBS ITALIAN

Nutrition Facts Valeur Nutritive

Per 1/4 cup (30 g) / Par 1/4 tasse (30 g)

	% Daily Value*
	valeur quotidienne*
Calories 110	
Fat / Lipides 1.5 g	2 %
Saturated / Saturés 0 g	0 %
+ Trans 0 g	
Carbohydrate / Glucides 22 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 3 g	6 %
Protein / Proteines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 360 mg	16 %
Potassium 60 mg	2 %
Calcium 70 mg	6 %
Iron / Fer 2.1 mg	10 %

*5% or less is a little, 15% or more is a lot
*5% ou moins c'est peu, 15% ou plus c'est beaucoup

8oz



PANKO ITALIAN

Nutrition Facts Valeur Nutritive

Per 1/3 cup (30 g) / Par 1/3 tasse (30 g)

	% Daily Value*
	valeur quotidienne*
Calories 100	
Fat / Lipides 0 g	0 %
Saturated / Saturés 0 g	0 %
+ Trans 0 g	
Carbohydrate / Glucides 21 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 2 g	2 %
Protein / Proteines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 290 mg	13 %
Potassium 60 mg	0 %
Calcium 20 mg	3 %
Iron / Fer 2 mg	10 %

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INGREDIENTS:

Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, calcium, thiamine, mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), Water, High fructose corn syrup, Yeast, Salt, Vegetable oil (soybean oil, cottonseed oil and/or canola oil), Sugar. Contains 2% or less of the following: Wheat gluten, Dextrose, Soy flour, Whey, Calcium propionate (preservative), Sodium stearoyl lactylate (dough conditioner), Mono- and Diglycerides, Soy lecithin, L-Cysteine, Molasses, Honey, Whole wheat flour, Corn flour, Cornmeal, Citric acid, Grain vinegar, Wheat starch, Corn starch, Potato flour, Rice flour, Wheat bran, Oat fiber, Calcium sulfate, Datem, Potassium iodate, Guar gum, Calcium phosphate, Enrichment (vitamin E acetate, vitamin A palmitate, vitamin D3), Lactic acid, Ascorbic acid (dough conditioner), Spices and Coloring, Natural and Artificial flavor, Sesame Seeds, Eggs, Salt, Oregano, Onion powder, Garlic powder, Dehydrated parsley, Black pepper.
CONTAINS: Wheat, Soy, Milk, Eggs, Sesame seed ingredients

Height: 20cm
Diameter: 10.5cm
Weight: 680g



INGREDIENTS:

Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid) • Sugar • Salt • Spices • Garlic powder • Roasted garlic powder • Yeast, Parsley • Silicon dioxide (added to prevent caking).
CONTAINS: Wheat

Height: 14cm
Diameter: 10.5cm
Weight: 227g



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Calories 110	% Daily Value*
	valeur quotidienne*
Fat / Lipides 1.5 g	2 %
Saturated / Saturés 0 g	0 %
+ Trans 0 g	
Carbohydrate / Glucides 22 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 3 g	6 %
Protein / Proteines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 190 mg	8 %
Potassium 60 mg	2 %
Calcium 70 mg	6 %
Iron / Fer 1.5 mg	8 %

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Nutrition Facts Valeur Nutritive

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Calories 110	% Daily Value*
	valeur quotidienne*
Fat / Lipides 0 g	0 %
Saturated / Saturés 0 g	0 %
+ Trans 0 g	
Carbohydrate / Glucides 23 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres <1 g	0 %
Protein / Proteines 3 g	
Cholesterol / Cholestérol 0 mg	
Sodium 55 mg	2 %
Potassium 50 mg	0 %
Calcium 10 mg	0 %
Iron / Fer 1.7 mg	10 %

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INGREDIENTS:

Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, calcium, thiamine, mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), Water, High fructose corn syrup, Yeast, Salt, Vegetable oil (soybean oil, cottonseed oil and/or canola oil), Sugar. Contains 2% or less of the following: Wheat gluten, Dextrose, Soy flour, Whey, Calcium propionate (preservative), Sodium stearoyl lactylate (dough conditioner), Mono- and Diglycerides, Soy lecithin, L-Cysteine, Molasses, Honey, Whole wheat flour, Corn flour, Cornmeal, Citric acid, Grain vinegar, Wheat starch, Corn starch, Potato flour, Rice flour, Wheat bran, Oat fiber, Calcium sulfate, Datem, Potassium Iodate, Guar gum, Calcium phosphate, Enrichment (vitamin E acetate, vitamin A palmitate, vitamin D3), Lactic acid, Ascorbic acid (dough conditioner), Spices and Coloring, Natural and Artificial flavor, Sesame Seeds, Eggs
CONTAINS: Wheat, Soy, Milk, Eggs, Sesame seed ingredients

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